

**USA RACE WALKING FOUNDATION (Formerly NARI)
AL HEPPNER MEMORIAL SCHOLARSHIP FUND – APPLICATION FORM**

PLEASE read the Protocol governing the Al Heppner Memorial Scholarship Fund. You must be a sophomore, junior or senior to receive this award. You must also meet the men's qualifying standard of 1:43.00 (IAAF Men's "A" standard of 1:23:00 plus 20 minutes), or the women's qualifying time of 1:54:30 (IAAF Women's "A" standard of 1:33:30 plus 21 minutes). 20k times must be made on a certified track or road course with at least three competitors and the appropriate number of certified judges. 10k and 5k times are optional. **AGAIN, please read the full protocol.**

NAME _____ BIRTH DATE _____ SEX: M ___ F ___

ADDRESS _____ CITY/ST/ZIP _____

E-MAIL _____ PHONE _____

COLLEGE _____ LEVEL _____

COACH _____ PHONE _____

Best **20k** Time in Current Years _____ Date _____

Race _____ Location _____

Chief Judge _____ Race Director _____

Course Certification No. _____

USATF Senior (Open) Nationals _____ Time _____ Date _____

Best **10k** Time in Current Year _____ Date _____

Race _____ Location _____

Chief Judge _____ Race Director _____

Best **5k/5000m** Time in Current Year _____ Date _____

Race _____ Location _____

Chief Judge _____ Race Director _____

Best **3k/3000m** Time in Current Year _____ Date _____

Race _____ Location _____

Chief Judge _____ Race Director _____

Submit the following with your application:

- A typewritten essay on your commitment to race walking, your goals, and how you plan to achieve them. The essay is to be one typewritten page.
- Two letters of recommendation.
- A copy of your grade showing a B (3.0) or better grade point average.

Your application must be emailed no later than October 30th of each year. No late submissions will be accepted. No exceptions will be made.

Send your application to: Jeff Salvage at jsalvage@racewalk.com

Any questions, please contact: Jeff Salvage or Diane Graham-Henry at dghphoto@gmail.com